

# crème de la crêpe

neighborhood french bistro

## BREAKFAST MENU

*We proudly use local & organic produce when available, as well as grass-fed beef & free range poultry.*

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### French Toast

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<b>French Toast with Fruits</b>	<b>\$14</b>
with brioche, strawberry coulis and fresh fruits	
<b>French Toast Grand-Marniger</b>	<b>\$15</b>
with brioche, strawberry coulis and fresh fruits	

### Waffles

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<b>Belgium Waffle</b>	<b>\$10</b>
with powdered sugar	
<b>Oh La La</b>	<b>\$15</b>
topped with strawberries, banana, mango and Nutella	
<b>Big Waffle</b>	<b>\$16</b>
with 2 eggs, spicy chicken sausage OR bacon	
<b>Speculoos Waffle</b>	<b>\$16</b>
with cookie butter spread, banana and toasted almonds	

### Hash

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*Potatoes, grilled onions, mushrooms, bell peppers, tomatoes, avocado, eggs sunny side up and the choice of:*

<b>Veggie</b>	<b>\$15</b>
<b>Spicy Lamb Sausage</b>	<b>\$20</b>
<b>Chicken</b>	<b>\$18</b>
<b>Smoked Salmon</b>	<b>\$21</b>
<b>Chorizo</b>	<b>\$19</b>
<b>Filet Mignon</b>	<b>\$22</b>

### Wellness Favorites

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<b>Power Bowl</b>	<b>\$18</b>
sautéed potatoes, mushrooms, asparagus, spinach & bell peppers, topped with 2 poached eggs, arugula and grilled almonds	
<b>Fit Crepe</b>	<b>\$17</b>
scrambled egg whites, tomato, mushrooms, spinach, asparagus topped with basil pesto	
<b>Energy Sandwich</b>	<b>\$19</b>
wheat bread, egg whites, tomato, avocado, basil pesto and a side of fresh fruit	
<b>Healthy Breakfast</b>	<b>\$21</b>
wheat bread, grilled chicken breast, scrambled egg whites, tomato, avocado, basil pesto and a side of fresh fruit	
<b>Avocado Toast</b>	<b>\$19</b>

## Buckwheat Crêpes

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*Served with baby greens salad. Made with gluten-free crêpe batter.*

<b>Matinale</b>	<b>\$17</b>
scrambled egg, bacon and jack cheese	
<b>Complete</b>	<b>\$17</b>
egg sunny side up, ham and jack cheese	
<b>Alléchante</b>	<b>\$18</b>
scrambled egg, avocado, tomato and jack cheese	
<b>Español</b>	<b>\$19</b>
egg sunny side up, chorizo, spicy chicken sausage, bell peppers, salsa and jack cheese	
<b>Fromage</b>	<b>\$18</b>
scrambled egg, brie cheese, bacon, onion and sautéed mushrooms	
<b>Paysanne</b>	<b>\$18</b>
spicy chicken sausage, onion, bell pepper, scrambled egg and jack cheese	
<b>Switzerland</b>	<b>\$19</b>
egg sunny side up, melted swiss cheese, bacon, mushrooms and potatoe	
<b>Saumon</b>	<b>\$21</b>
smoked salmon, scrambled egg, tomato and jack cheese	

## Sweet Crêpes

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*with powdered sugar served with homemade whipped cream*

<b>Bretonne</b>	<b>\$9</b>
banana and melted Nutella	
<b>Fruité</b>	<b>\$10</b>
banana, strawberries and mango	
<b>Gauloise</b>	<b>\$10</b>
cinnamon baked apples & brown sugar topped with toasted almonds	
<b>Pigalle</b>	<b>\$10</b>
fresh strawberries, banana and melted chocolate	
<b>Dulce de Leche</b>	<b>\$11</b>
fresh mangoes and toasted almonds	
<b>Bisous</b>	<b>\$11</b>
banana, strawberries, mango, Nutella and vanilla ice cream	

## Omelettes & Benedicts

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*Served with potato gratin, baby greens salad, baguette & homemade jam*

<b>Eggs Any Style</b>	<b>\$16</b>
<b>3 Items Omelet</b>	<b>\$18</b>
ham / bacon / spicy chicken sausage / chorizo / goat cheese / swiss / cheddar / jack cheese / spinach / avocado / onions / tomato / mushrooms / asparagus / potato / sour cream	
<b>Omelet De Valmy</b>	<b>\$18</b>
bacon, swiss cheese, grilled onions and mushrooms	
<b>Omelet De Provence</b>	<b>\$19</b>
bacon, mozzarella, avocado and asparagus	
<b>Healthy Omelet</b>	<b>\$19</b>
whites, pesto and market vegetables (served with fresh fruits instead of potato gratin)	
<b>Omelet Madrid</b>	<b>\$19</b>
chorizo links, avocado, salsa, cheddar cheese and sour cream	
<b>Caprese Benedict</b>	<b>\$19</b>
fresh mozzarella, basil and tomato, topped with poached eggs and Hollandaise sauce	
<b>French Benedict</b>	<b>\$19</b>
merguez (lamb sausage) and brie cheese topped with poached eggs and Hollandaise sauce	
<b>Salmon Benedict</b>	<b>\$20</b>
with dill and lemon sour cream	

**Crab Cake Benedict**

homemade with real crab meat

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**\$21**